

## Module 2 – Upper Face: Forehead, Glabella, Crow's Feet, Bunny Lines

### Best Practices

- "Lift/raise eyebrows" or "raise/wrinkle your forehead" "look surprised" to see Frontalis movement
  - Remember all of the different placement techniques in the whiteboard section
- "Make an angry face" or "frown your brow" to see Glabella movement
- "Smile and squint, like looking into the sun" to see Crow's feet movement
- "Wiggle your nose" to see Bunny nose movement
- Botox rarely helps directly under the eyes unless the pretarsal orbicularis closes in their eyes
- Evaluate how treating one area might positively or negatively affect another area
  - Overtreatment of the forehead for wrinkling could cause a heavy/dropped brow
  - Know when to treat all areas versus separate areas in series (i.e. treating the Glabella and Crow's Feet first and then the Forehead in a follow-up if worried about dropping brow)
- Overtreatment of the Crow's Feet (too far into the cheek elevators) could change their smile and perioral movement, although rare
- Test the strength of the lateral frontalis to see if patient has the ability to get a "brow lift"
  - Inject corrugator/procerus in Glabella to relax the medial pull down of the brow
  - Inject the orbicularis oculi in the Crow's Feet to relax the lateral pull down of the brow

- Beware of existing brow or lid ptosis
- Educate patient that a tweak of a couple of units may be necessary in a follow-up due to your conservative approach which significantly reduces the risk of making them heavy or brow dropped