

Module 4 – Neck

Best Practices

- “Show your lower teeth” or “flex your neck” to see Platysma movement
- Remember you are treating muscular movement of the Platysma bands that cause mild to moderate vertical line laxity
 - Will not improve fat, significant laxity, or horizontal flexion lines (know your limits)
- Know when to start early to prevent (patient usually doesn’t know to ask for this)
- Patient needs to commit to the right amount of Botox (properly quote them) and a number of treatments to “believe” in the results
- Botox generally has about an inch (~3cm) in effect so place injections proper distance apart
- Treatment dose and placement may vary each time as the muscle weakens