

S E L E R S K N

A E S T H E T I C I N S T I T U T E

# Module 9

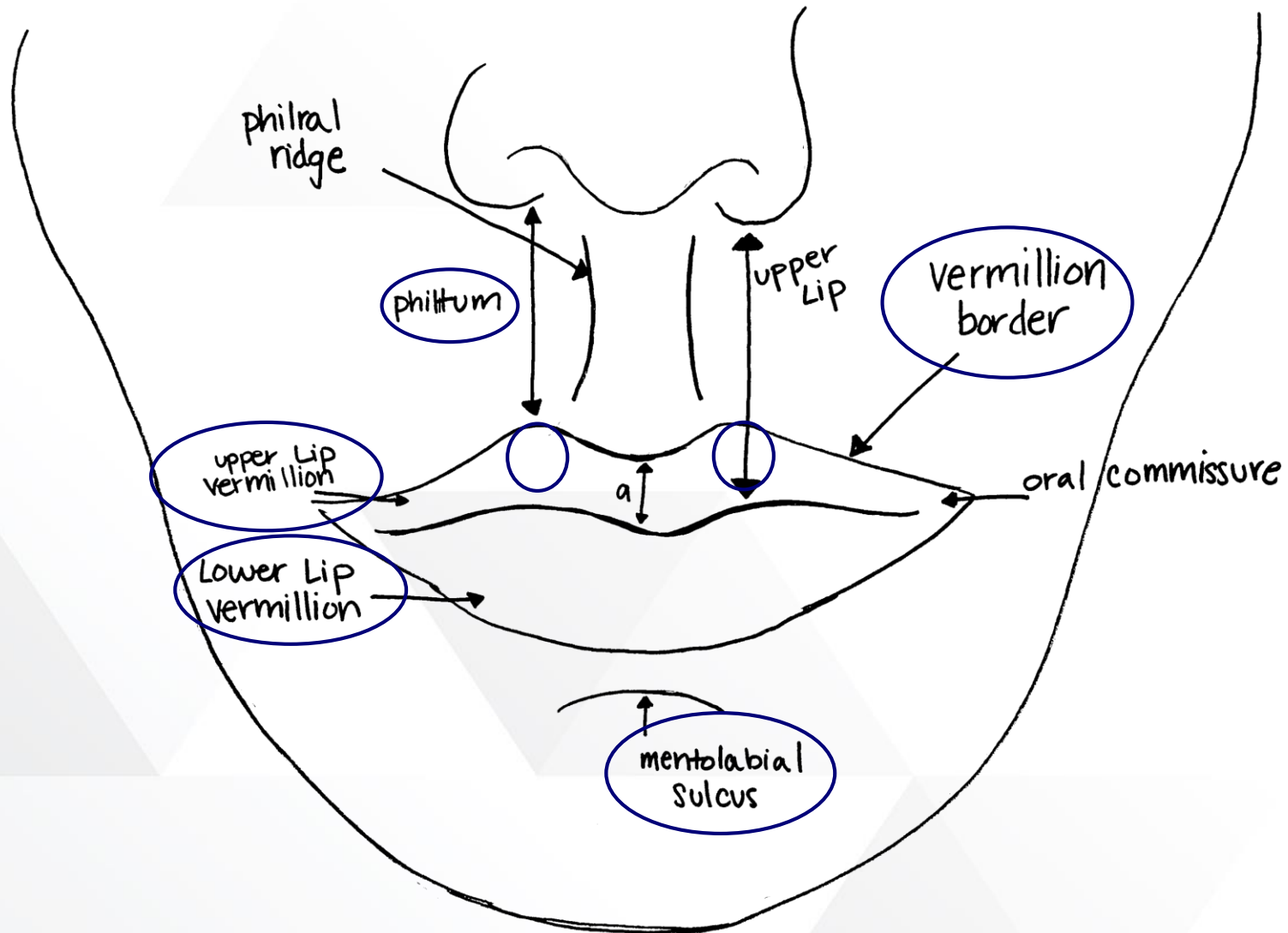
Lips

After completing this module, you will be able to:

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- Fully understand the anatomy and proportion of the lips
- Be an anatomy restorer, not a balloon filler
- Understand the different types of filler and determine which to use
- Minimize the risk of bruising
- Understand the levels of lip filler

# Lip Anatomy



# Understanding Where to Inject

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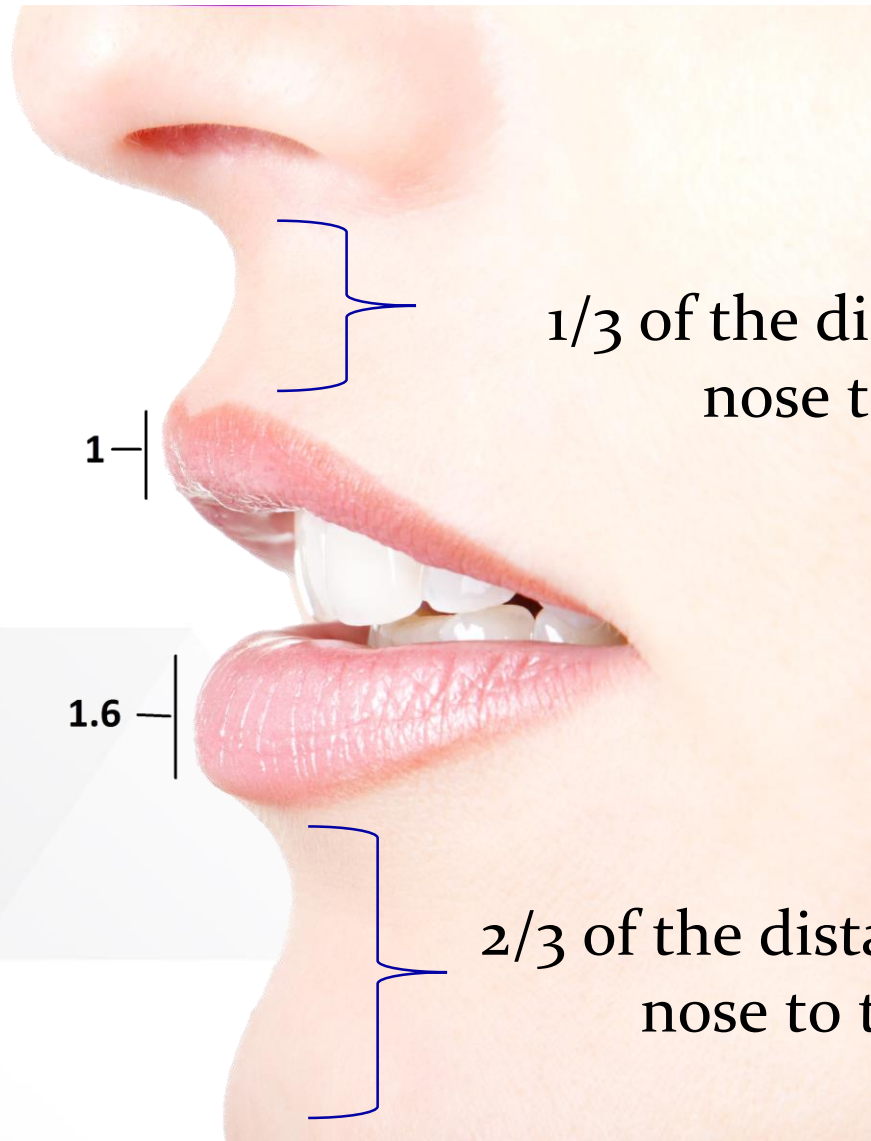
- Patient needs some uplifting
  - Vollure can be used for a conservative approach
  - Juvederm can be used for more volume



Patient needs more volume  
in the pulp and vermilion  
border

# Phi Proportions

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1/3 of the distance from the nose to the chin

2/3 of the distance from the nose to the chin

# E-Line

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- Bottom lip is anterior to upper lip
- Keep both lips anatomically proportionate when enhancing them

# Evaluate Patient Concerns and Set Realistic Expectations

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- Remember CCAPP
- Learn what the patient desires
  - Conservative enhancement vs “bigger lips”
    - If they want “bigger” can their facial and lip structure proportionally handle volume?
- See how they looked 5-10 years ago
  - Be careful that they don't want “someone else's” lips that they will never achieve if their anatomy is too different
- Start conservative, you can always add more

# Restoring the Lip Definition

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Patient has lost eversion of the lip



Candidate for additional lip definition and height



# Know Your Filler

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	Juvederm	Vollure	Volbella
HA [ ]	17.5 mg/me	17.5 mg/me	15 mg/me
Water Affinity	<b>XXX</b>	<b>X</b>	<b>X</b>
G' (Firmness)	<b>XX</b>	<b>XXX</b>	<b>XX</b>
Cohesivity	<b>XXXX</b>	<b>X</b>	<b>X</b>

# Differences in Filler

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## *Juvederm*

- Significant volume
- Medium G prime with high water affinity
- Great for tissue bulking and volume

## *Vollure*

- Mild to moderate volume
- Little water affinity
- Great for volume and line definition

## *Volbella*

- Minimal volume enhancement
- Provides hydration
- Great for fine lines and line definition

# Educate the Patient

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- Be conservative, you can always do more
- Start with thinner filler if patient wants subtle enhancement
- Educate the patient about needing more
  - This may cost them more in the beginning but they are appreciative of the gradual approach

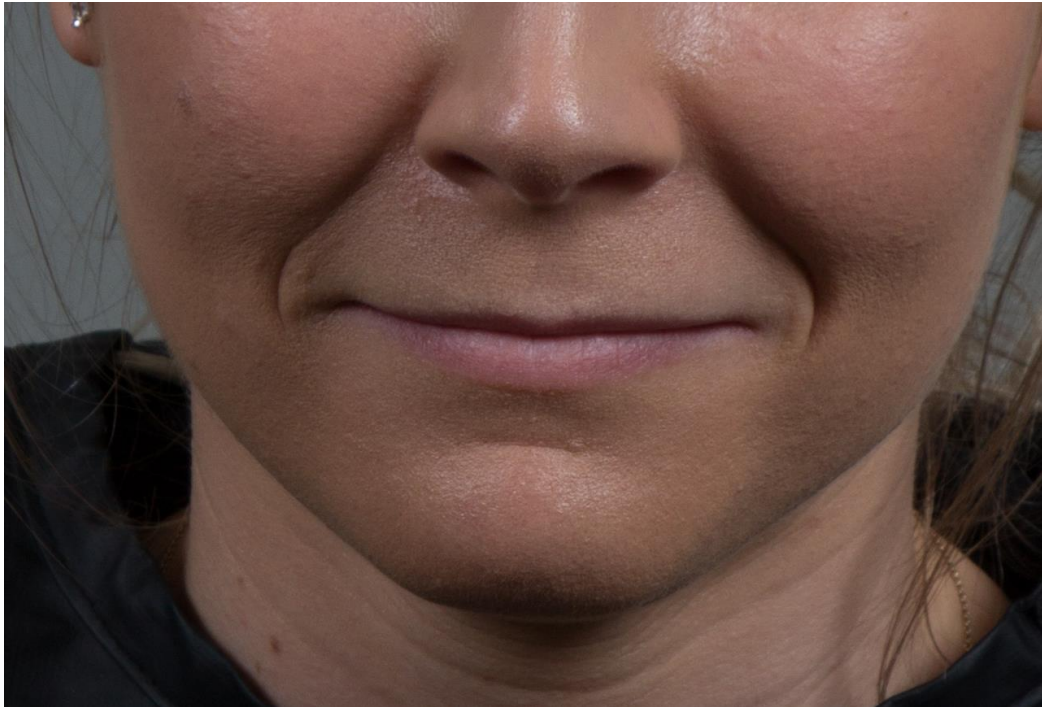
# Alleviate Fear

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- Relatively painless
- Ice
- The “wiggle”
- Numbing cream usually doesn’t get deep enough and wastes time
- Dental block if necessary

# Know When NOT to Treat

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Patient with thin lip structure



Patient with good structure  
and can handle volumizing

# Summary

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- Remember CCAPP
- Become an anatomy restorer and a volumizer not a balloon filler
- Know different anatomical areas then educate patient
- Understand different fillers
- Take the extra time: hold pressure until even the tiniest drop of blood stops
  - Offer IPL if you office has this for next day treatment if the patient gets a bruise
- Apply ice immediately before and after injection
- Use vessel viewer or Accuvein

This ends Didactic Lecture for Module 9